

# LIBERATE YOUR TYPE

## Coaching with the Enneagram

CoachSpirit



**Two days training in the Netherlands on 27<sup>th</sup> – 28<sup>th</sup> June, 2019**

The **‘Liberate Your Type’** program is designed as a structured sequential program to help you guide your clients through the process of going deeper, learning more about themselves, and gaining more profound insight into their personality style. You will be able to give your clients a profound understanding of their core issues and find paths and resources to grow to become more balanced.

This is a brand-new training which aims to give you a hands-on way of working with the Enneagram in coaching, therapy, or individual facilitation.

Using the Enneagram as a tool in coaching will help you help your clients grow in their personal development and ultimately liberate them from the fixated patterns of the ego of their type.

Knowing the Enneagram and getting to understand your basic type is one step, integrating the best qualities and start living more freely is another. Clients may need guidelines, inputs and someone to help them adjust to be able to change on a deeper level. This is where you come into the picture.

**If you are a coach, therapist or personal facilitator for people interested in personal development using the Enneagram as a tool for growth, this is a great training for you.**

The idea with this training is to teach and inspire you to use a practical application of the Enneagram in coaching and to explore the Enneagram journey with your clients.

### **Training content**

- Engage, guide and discover, the role of the coach/therapist
- Liberate Your Type - program structure
- Topic and content of a coaching sequence of 6 sessions
- Hands-on guide to help you follow a process keeping your client in the loop of developing
- Working with limitations and challenges and understanding why the drive your client
- Finding and drawing on obvious resources to help clients liberate their best potential
- Help clients find their best self to personal growth and continue the process



## Practical information & Sign up

**Dates:** Thursday the 27<sup>th</sup> and Friday the 28<sup>th</sup> of June 2019. The training is an all-inclusive residential training.

### Program:

Thursday 27<sup>th</sup> June training hours from 9.00 to 17.00. At 17.15 we will all be part of cooking our dinner under the instruction of a staff member and will have dinner together at the venue.

Friday the 28<sup>th</sup> June training hours from 9.00-16.00.

**Place:** InnOmnia, Scheibaan 17, 5062 TM OisterWijk, The Netherlands

### Fee:

Total participant fee is €595 incl. local tax and includes the full training, material, meals, accommodation (one night at hotel on the 27<sup>th</sup>, cooking class), coffee, tea, snacks. Invoice will be sent to you after your sign-up.

### Teacher & Requirements:



Your teacher is **Susanne Povelsen** at CoachSpirit from Denmark.

She is a certified coach, psychotherapist, Enneagram trainer, NLP-master, PREP-teacher, and Couple Check-up Facilitator and has many years of experience with personal development work. She is faculty member at Integrative Enneagram Solutions and has been board member of IEA Global Board.

The training content is all based on the Enneagram and will require a fair to good knowledge about the Enneagram as well as some knowledge and/or experience in working with clients – coaching, therapy or individual facilitation. All material and handouts will be in English.

Contact for questions about the training: Susanne at [susanne@coachspirit.dk](mailto:susanne@coachspirit.dk) or 004527202035.

Contact in the Netherlands for questions about practicalities, venue a.o.: Stephanie Kamphuis at Effectief Jezelf, [stephanie@effectiejezelf.nl](mailto:stephanie@effectiejezelf.nl) or phone 0624249139.

### Sign Up & Payment:

Sign-up by sending an email to [susanne@coachspirit.dk](mailto:susanne@coachspirit.dk) stating your data:

Full name

Company name

Address

VAT/Tax number

Email address

Telephone no.

Indicate experience with the Enneagram: Low – Fair – Good - Advanced

Indicate experience in coaching or working with clients: Low – Fair – Good - Advanced